

2 Adverbs of frequency

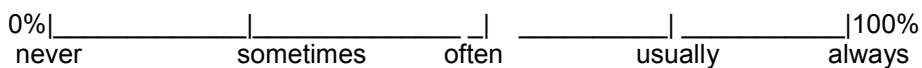
The trains never come on time .

I'm never late for work.

I often get to work early.

Use

- You use adverbs of frequency to say how often things happen.



I don't **often** go to the cinema.

Mr Makmood **always** goes to the mosque on Fridays.

She's **never** late.

Form

- The adverb of frequency usually just goes before the verb.

I **always** leave work early on Fridays.

Do you **often** watch football on TV?

- With the verb *be* the adverb of frequency usually goes just after the verb.

He's **always** at home on Sundays.

Grammar

Adverbs of Frequency

1. Work in pairs. Read the words in the box and decide where they go on the line.

100%	
50%	
0%	

usually
sometimes
often
every day
occasionally
hardly ever (once a week)
always
never

- The adverb of frequency usually just goes before the verb.
 - We **usually** go shopping on Saturday.
 - I **never** go to the gym
 - I **rarely** drink tea in the morning

Occasionally, sometimes and **usually** can also go at the **beginning** or end of a **sentence**:

- **Sometimes** they come and stay with us.
- I play tennis **usually**.
- I eat breakfast **occasionally**

2. Work in pairs. Find the **subjects** and **verbs** in the sentences. Then add a **frequency adverb** to each sentence.

1. I have cereal for breakfast.

2. I get up at about seven o'clock.

3. I drink two cups of coffee in the morning.

.....

4. I eat carrots for breakfast.

.....

5. I watch television in the morning.

.....

6. I drive to work in the mornings.

7. I do the housework after lunch.

8. I listen to music after dinner.

9. I go to bed at 11pm

- With the verb *be* the adverb of frequency usually goes just after the verb.

Using frequency adverbs with the verb 'to be'

- a.He **(is)** often late for class.
- b. He often comes late to class.

Subject + + +

c. Work in pairs. Add a frequency adverb to the sentences below.

always,
usually
often
sometimes
never

1. Dorothy is early for class.

2. Mussa walks to college

3. Classes at Lambeth College are exciting.

4. Mona works on Mondays and Fridays

5. My children are in bed by about ten o'clock.

6. I kiss my husband/wife goodbye in the mornings.
